

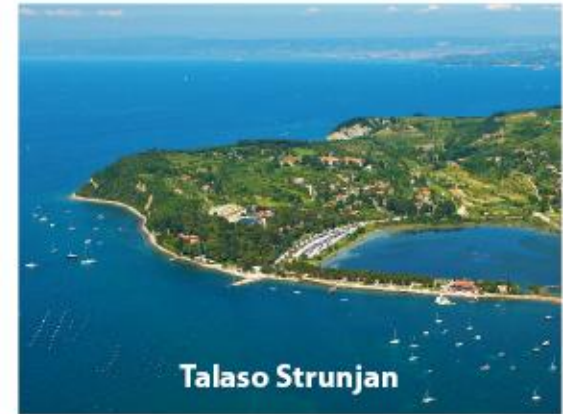
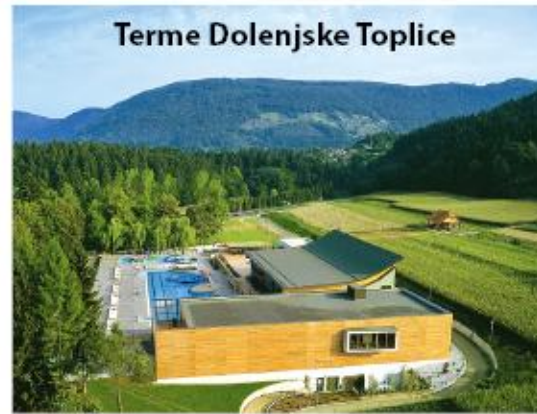
**Your health is our top priority
at Terme Krka**

PETRA FLORJANČIČ
Sales Manager

TERME KRKA, LLC, Novo mesto

- The company is wholly-owned subsidiary of Krka, PLC, Novo mesto, a pharmaceutical company
- Activity oriented towards: health, tourism, gastronomy
- 5 destinations, 3 health spa resorts: Šmarješke Toplice Spa, Dolenjske Toplice Spa, Talaso Strunjan, Otočec Hotels , Krka Hotel
- The **leading company** in Slovenia in the field of **medical rehabilitation** after illnesses and injuries of the **musculoskeletal system, cardiovascular system** and **respiratory system**
- Preventive medical programmes and **Medical wellness programmes**

Terme Krka





Mission & values



Our strategy

Vision:

Consolidate the position of leading company in Slovenia in the field of medical rehabilitation:

- illnesses and injuries of the **musculoskeletal system**,
 - **cardiovascular system**
 - **respiratory system**

Our goal is to become the leading Natural Spa Resorts in Slovenia in the field of prevention and promotion of health:

- preventive medical programmes
- medical wellness & wellbeing

Income structure 2016

Departments	Income in mio EUR	%
Hotel	11,2	33 %
F&B	8,9	26 %
Medical centres	9,9	29 %
Wellness& sport	3,7	11 %
Other	0,5	1 %
Total income	34,2	100%

Overnights 2016

DESTINATION	Overnights	%
Talaso Strunjan	121.497	34
Šmarješke Toplice	95.587	27
Dolenjske Toplice	98.038	28
Hoteli Otočec	29.614	8
Hotel Krka	10.043	3
TOTAL	354.779	100

Overnights in 2016

Country	%
Slovenia	71
- part of it ZZZS*	34
Italy	8
Austria	3
Russian Federation	3
Israel	3
Benelux	2
Germany	1
Croatia	1
Scandinavia	1
Other countries	7

*ZZZS –
National Health
Insurance Co.

Natural healing factors

Thermal water

Isoacratothermal mineral water in Dolenjske Toplice: 1000m from bellow the surface, with capacity of 30l/second. Temperature of 36° C slightly mineralized –with Ca, Mg and hydrogen carbonate.

Hypoacratothermal mineral water in Šmarješke Toplice: Healing agents represent the spring at 32° C. Thermal water is enriched with CA, Mg, Na and K.

Kationi	Šmarješke Toplice		Dolenjske Toplice	
	Mg/l	%	Mg/l	%
Na	3,1	2,516	5,7	51,408
K	1,7	0,814	2,6	1,383
NH ₄	0,018	0,019	0,016	0,018
Mg	29	45,111	19	32,844
Ca	55	51,333	58	60,156
Sr	0,23	0,098	0,63	0,298
Fe	0,04	0,027	0,04	0,029
Li	0,0047	0,0127	0,0093	0,028
Mn	0,000093	6,31E-05	0,00017	1,28E-04
Ba	0,017	0,07	0,022	0,101

Anioni	Šmarješke Toplice		Dolenjske Toplice	
	Mg/l	%	Mg/l	%
F	0,29	0,286	0,54	0,622
Cl	1,59	0,838	5,79	3,569
Br	0,019	4,45E-03	0,025	6,85E-03
BrO ₃	0,001	1,46E-04	0,001	1,71E-04
I	0,02	2,95E-03	0,02	3,45E-03
NO ₂	0,002	8,14E-04	0,002	9,52E-04
NO ₃	2,03	0,613	3,01	1,062
SO ₄	19,9	7,758	17,3	7,888
HPO ₄	0,014	5,24E-03	0,057	0,025
HCO ₃	295	90,492	242	86,822

Natural healing factors

Sea water analysis

Kationi	Mg	M
Na	11600	23
K	0,4	39
NH ₄	<0,1	18
Mg	1480	12
Ca	428	20
Fe	<0,1	27,9
Mn	<0,05	27,5
Anioni	Mg	M
F	0,7	19
Cl	20300	35,5
NO ₂	0,002	46
NO ₃	9	62
SO ₄	1100	48
HPO ₄	1,4	50
HCO ₃	213	61

• Sea water at Thalasso Strunjan

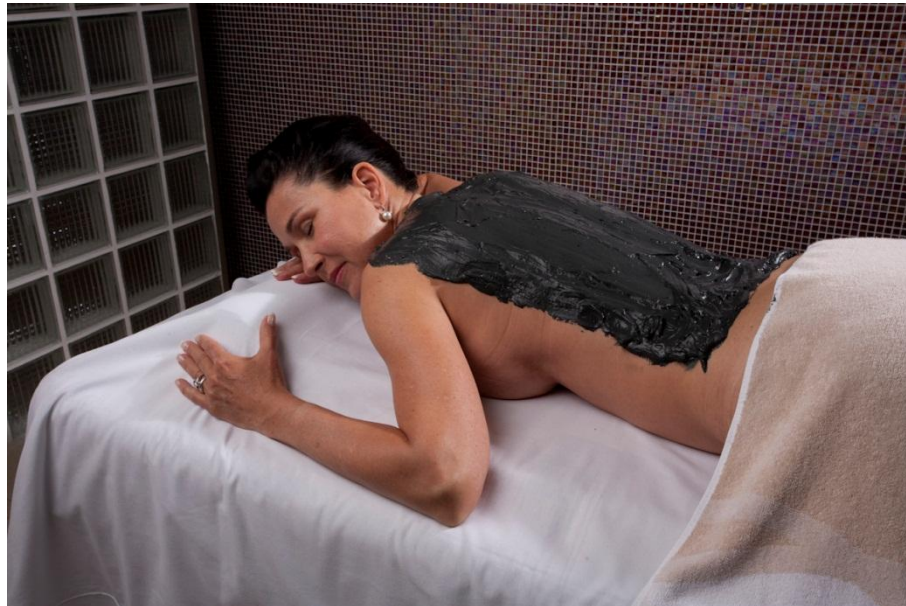
Beneficial effects:

- Rheumatic disorders
- Back and muscle pain
- Reduces inflammation
- Relaxes and stimulates the excretion of surplus fluid from the body
- Stimulates liver, kidneys, skin to remove harmful substances from the body

Natural healing factors

Sea mud

- Used in wraps – physical and chemical effect
- Recommended for treat. of degenerative diseases of the musculoskeletal system, spine and inflammatory rheumatic disorders, gynaecological diseases, chronic inflammatory diseases of the urogenital tract, skin diseases and rehabilitation of minor trauma patients.



Natural healing factors

Maritime climate

- Positive effects of aerosols emitted by the sea on the respiratory system and general wellbeing.
- Low concentrations of bacteria, allergens and smoke
- High concentrations of partial oxygen pressure and relatively high conc. of sodium, chlorine, bromine and iodine.



Terme Krka Medical team

A highly professional and well-qualified team performs complete stationary rehabilitation and preventive medical programmes. Nutritionists and sports trainers as well as cooks cooperate with the team during the phase of rehabilitation planning and implementation.

Balneotherapy methods are also used in treatments besides classical methods, while we constantly upgrade our professionalism with hospitality and a personal approach towards our guests.



Terme Krka Medical team

- 14 specialist doctors
- 47 physiotherapists
- 6 occupational therapists
 - 34 nurses
 - 44 masseurs
- 2 sports trainers
- 2 nutritionists



Indications

Indications	Šmarješke Toplice	Dolenjske Toplice	Talaso Strunjan
Cardiovascular diseases			
Conditions following a heart attack	x		
Angina pectoris	x		
Heart rhythm disorders	x		
Heart muscles diseases with no manifestations of a heart failure	x		
Conditions following heart surgery	x		
Peripheral artery, vein and lymphatic circulation disorders	x		
Conditions following vascular surgery	x		
High blood pressure	x		

Indications

Indications	Šmarješke Toplice	Dolenjske Toplice	Talaso Strunjan
Musculoskeletal system diseases and disorders			
Sports injury rehabilitation	x	x	x
Post-injury or post-operative conditions (shoulders, elbow joint, wrist joint, hips, knees, ankles, spine)	x	x	x
Ageing changes of the joints: osteoarthritis, spondylosis, periarthropathy, entropathy	x	x	x
Central and peripheral nervous system diseases			
Post-stroke conditions	x	x	
Atherosclerosis of the brain	x	x	
Neuralgia	x	x	

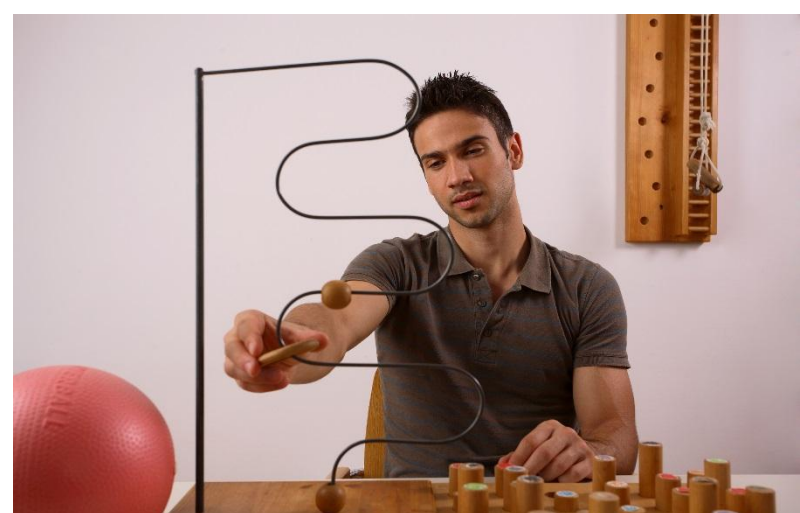
Indications

Indications	Šmarješke Toplice	Dolenjske Toplice	Talaso Strunjan
Rheumatic disorders of the musculoskeletal system			
Chronic inflammatory rheumatism (rheumatoid arthritis, ankylosing spondylitis and all other forms of seronegative spondylarthritis, conditions following corrective surgeries of deformations in case of rheumatoid arthritis)		x	x
Chronic degenerative rheumatism (arthrosis, spondylarthrosis, vertebral and vertebrogenic syndromes)		x	x
Non-articular rheumatism (in an acute phase or as contractures following non-articular processes)		x	x

Indications

Indications	Šmarješke Toplice	Dolenjske Toplice	Talaso Strunjan
Conditions following reproductive organs and breast surgery		X	X
Osteoporosis		X	X
Respiratory diseases			
Bronchial asthma			X
Chronic obstructive pulmonary disorders, pulmonary emphysema			X
Conditions following injuries and surgical procedures on the thorax and lungs			X
Chronic inflammation of the upper airway mucosa			X

Medical rehabilitation



Specialist outpatient clinics

State-of-the-art diagnostic methods are the basis for taking treatment decisions



Prevention medical programmes

- A follow-up rehabilitation of coronary patients
- A follow-up rehabilitation after knee surgery and injuries
- A follow-up rehabilitation after hip surgery (total hip endoprosthesis)
- Comprehensive specialist check-ups
- Specialist check-ups for managers
- A woman's heart. Make sure it stays healthy!
- Prevention check-up for women after the age of 50
- Health education programmes for diabetes patients
- Medically led weight-loss programme
- Medically led detoxification programme
- "Tailor-made" medical programmes



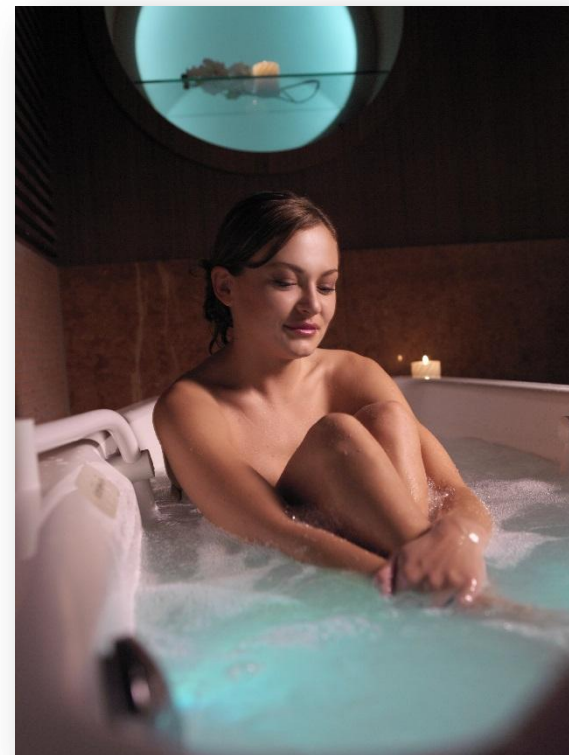
HOLISTIC & PERSONALISED APPROACH

- **Individualised** rehabilitation programmes (initial doctor's check up, functional diagnostics)
- Constant **follow up** and **modifications** of the patient programmes.
- **Holistic approach** in preparing programmes includes all key area for **prevention of health.**



MEDICAL SPA VITARIUM

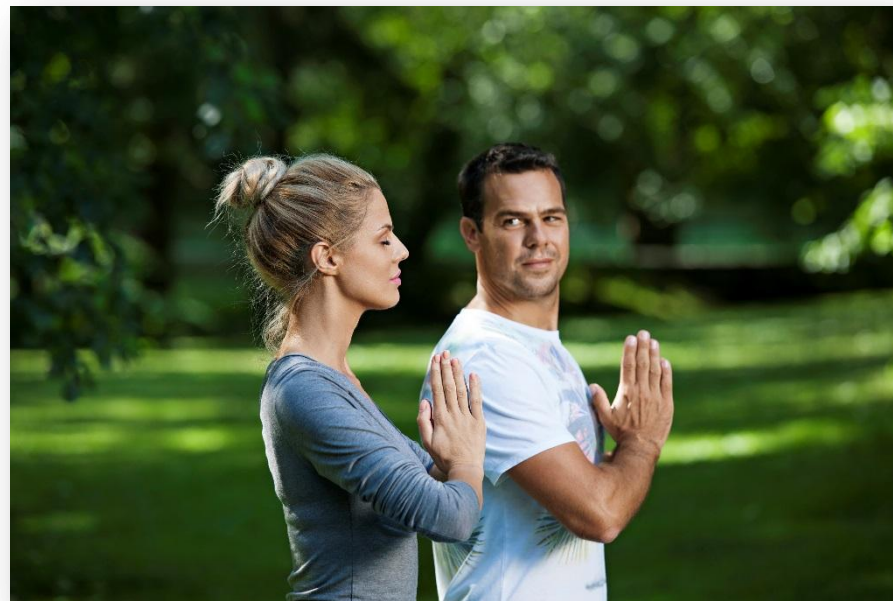
- **First medical wellness centre in Slovenia**
- **Tailor made** weight loss and detox programmes:
SlimFit and **VitaDetox**
- **20 years** of experiences
- **14.000 clients**
- Help in changing the lifestyle habits of our clients



Šmarješke Toplice
Slovenija.

MEDICAL SPA VITARIUM

- **Key elements of programmes:**
healthy nutrition, sport activity and regular drinking of **water**
 - **Our goal:**
long term change in perception and lifestyle of the participants in the programmes
 - **Our mission:**
Living a healthy life.
- **VITAL. HEALTHY.
PROUD OF YOURSELF.**



Šmarješke Toplice
Slovenija.

SLIMFIT – Medically led weight-loss programme



Medically led weight-loss and metabolic syndrome treatment programme

- **Diagnostic services:**
 - a doctor's check-up, tissue structure analysis, visual assessment, food intolerance test and consultation on nutrition, complete ergonomic test
- **Treatment:**
 - infrared lipolysis, biocybernetic stimulation, ultrasound cavitation, altitude training, massage
- **Physical activity:**
 - PACE exercise, cardiocross training, Pilates, water aerobics, Nordic walking
- **Nutrition and education:**
 - Personalised nutrition, workshop on healthy nutrition and a lecture on healthy lifestyle

DETOX

Medically led detoxification programme



A unique detoxification programme that stimulates the excretion of excessive substances from the body and improves the energy balance

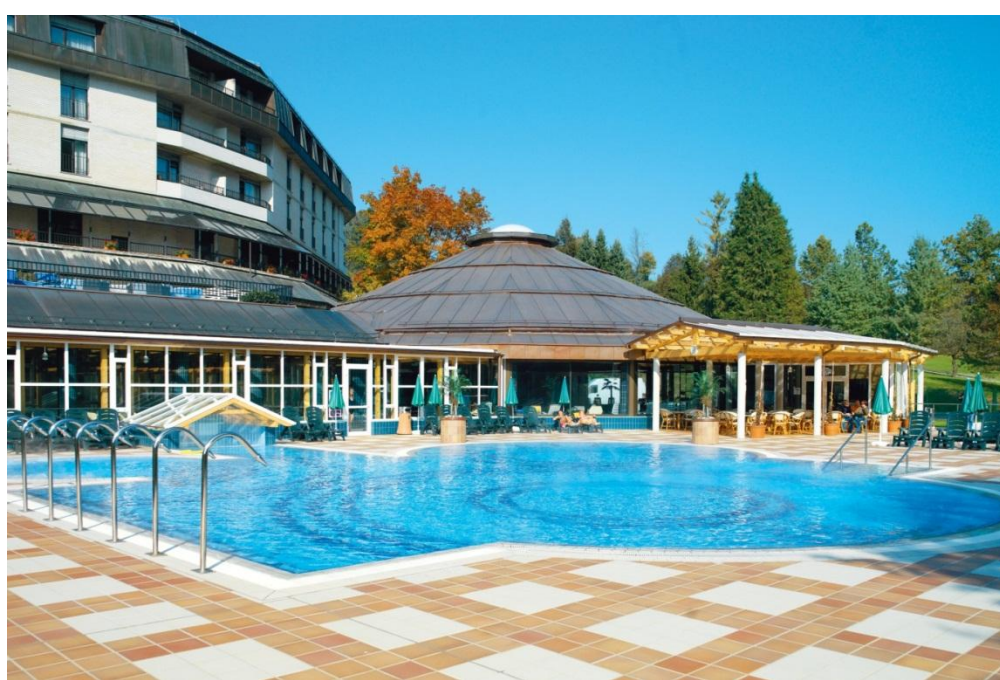
- **Diagnostic services:**
 - a doctor's check-up, tissue structure analysis, visual assessment, food intolerance test and consultation on nutrition, complete ergonomic test , lab tests
- **Treatment:**
 - colon hydrotherapy, cell biostimulation, altitude training, electrolysis detoxification, aromatic massage
- **Physical activity:**
 - Nordic walking, cardiac exercise, Pilates, water aerobics
- **Nutrition and education:**
 - Personalised diet, a workshop on healthy nutrition and a lecture on healthy lifestyle

ŠMARJEŠKE TOPLICE SPA



ŠMARJEŠKE TOPLICE SPA

- Green environment, natural park with a thermal water spring of 32 °C
- 380 beds in a**** and a****superior hotel



ŠMARJEŠKE TOPLICE SPA



Vitarium Spa & Clinique – a medical wellness centre with a holistic approach to preventing civilization diseases
Member of the **Healing Hotels of the World**.



DOLENJSKE TOPLICE SPA



DOLENJSKE TOPLICE SPA

- Dolenjske Toplice Spa is **one of the oldest thermal health resorts in Europe** dating back to the 13th century
- Low-mineral water with the temperature of 36°C
- 396 beds in a **** and a **** superior hotel



DOLENJSKE TOPLICE SPA BALNEA WELLNESS CENTRE



- Non-surgical aesthetic procedures
- Spa treatments, massages, baths and saunas
- Wellness for couples
- Indoor and outdoor pools with thermal water



TALASO STRUNJAN

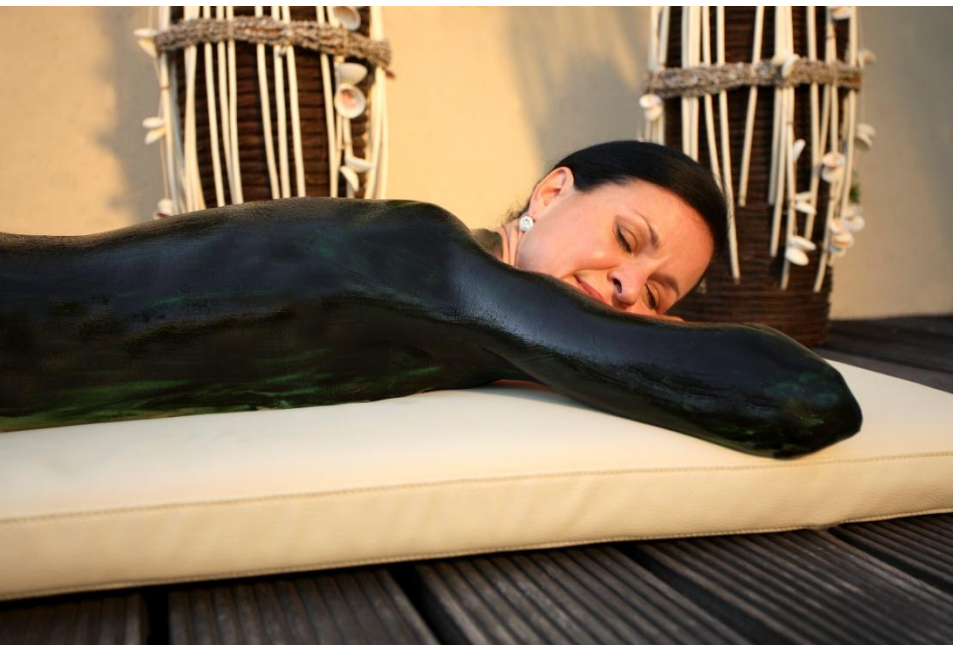


TALASO STRUNJAN

- A seaside health resort
- 249 beds in a **** hotel, 149 beds in a *** hotel
- Closely linked to the salt panning tradition and the beneficent effect of the seaside environment



TALASO STRUNJAN



Salia – thalasso centre

Seawater, air, salt and mud

- treatments and massages
- baths and saunas
- indoor and outdoor pools



OTOČEC CASTLE



OTOČEC CASTLE



The only castle in Slovenia located on a river islet, a member of the prestigious Relais & Châteaux association.

18 holes golf course in the immediate vicinity

Live a healthy life...

Thank you for your attention!